GUIDELINES

They are the whole rules which we ask for all our trip participants to follow in order to allow everyone to live in the best way their own experience in the nature, respecting the team spirit, the environment and the places passed through.

THE GUIDE

- The Guide is the only responsible for the management and the safety of the guided group; you will have to refer to him during the whole cyclo-excursion
- The Guide's responsibility starts at the beginning of the trip and finishes at its end
- The Guide is not responsible during the transfers to/from the starting/ending place of the activity
- The Guide reserves to cancel or change the programmes due to force majeure to his unquestionable judgement without any obligation except for any quotation advanced.
- The Guide can exclude from the excursions those participants who with their behaviour compromise the good outcome of the initiative or put at risk their own safety or that of the others and don't respect the directions given
- The Guide is insured by RCT. There's no insurance for the transfers done by the own or other vehicles, private or public and falls in case of non-observance of the Guide's instructions.
- The Guide commits to respecting and let the participants respect the applicable rules in the protected areas in all his excursions, such as for example not to leave rubbish along the route, not to spoil the environment picking flowers, not to disturb the wild fauna or not to disturb with tedious noises.

PARTICIPANTS' OBLIGATIONS

The participants have to:

- Respect the departure time, the set programme and any possible variation communicated in advance. It's highly recommended to be at the meeting point at least 15 minutes earlier. In case of delay at his discretion the Guide will wait for 15 minutes, but after that he won't be able to guarantee the wait any longer.
- Show up in a psychophysical condition, a clothing and an equipment suitable for the excursion. In case of necessity the Guide is at your disposal for an advice, even the day before.
- Keep a behaviour of respect and protocol during the excursion and follow scrupulously the Guide's indications. In case of any problem during the excursion inform immediately the Guide. If there are participants who don't follow the Guide's indications, he can decide to throw them out giving back the quote and declaring, in front of witnesses or if necessary recording the declaration, that such people are not under his responsibility anymore.
- Never leave the group or pass the Guide
- Collaborate with the Guide for the success of the initiative, besides being supportive with his decisions, above all in case of difficulties (environmental conditions and/or

participants' matters) and inform him of any problem during the execution of the programmed activities, in particular about the own psychophysical conditions and the equipment.

- Not to damage the environment travelled, throwing rubbish or disturbing the animals met along the route
- Accompany underage participants
- Be responsible for any risky behaviour, in particular in case of personal initiatives despite of the Guide's unfavorable opinion
- For safety reasons not to take photos or use the mobile phone in movement

Mtb Varese is a brand belonging to Clab Service srl whose headquarters are in Gallarate, Via XXII Marzo,1 – Phone number 0331781734 Vat Registration Number IT 02439450129

Our guides practise in accordance with the law 4/2013 www.clabservice.it/privacy

ELIGIBILITY DECLARATION

- Accepting these guidelines the participant declares under his own responsibility to be in good health and in a psychophysical condition suitable for the excursion.
- Moreover he declares to have given to the Guide any useful information for the
 correct evaluation of his eligibility at the registration. For the person or the group
 safety the Guide reserves to exclude before the departure whom he doesn't
 consider adequate because of their physical conditions or their equipment. In case
 of exclusion there won't be any refund for the travel costs and for any other kind of
 expense

COMPULSORY EQUIPMENT

Each participant must show up at the excursion equipped with:

- Suitable technical clothing and equipment, appropriate clothes for the trip and the weather conditions
- Compulsory helmet in perfect conditions
- Bicycle in order which will be checked at the beginning of the excursion. In case it isn't appropriate or has evident anomalies which make it unsafe, the participant wont't be admitted to the excursion and no refund will be due.
- Spare inner tube or kit "blow up and repair". The participants not adequately equipped could be excluded by the Guide directly at the starting point

PHOTOS AND VIDEOS

The participants are informed and consenting that the Guide and/or the other participants could film or photograph them and agree to the use of the pictures or the videos on websites, books, magazines or the Guide's advertising material releasing them from any

future claim. If one or more participants don't want to be filmed, they can point it out to the Guide before departure.

GPS TRACE REGISTRATION

During the excursion you can use Gps instruments for orientation reasons, but the participant commits not to divulge the possible registered traces.

EXCURSION AND ROUTE DIFFICULTIES

- The Guide will keep an adequate pace in respect of all the participants to the cycloexcursion. We would like to remind you that this is not a competition but an experience. The pace will be in compliance with the type of route, with programmed stops or decided by the Guide or the participants, during which it will be possible taking photos or refreshing
- The Guide can change at any moment the programme and the itinerary, deciding also the advanced return for safety or well-being reasons
- The duration of the excursion, shown in the sheet, is indicative and depends on different factors among which the participants and the weather conditions
- The routes developed by the Guide have a difficulty scale: it's duty of each
 participant considering in base of their psycho-physical preparation the participation
 to the itinerary offered.
- The Guide can decide on the field during the excursion alternative routes in case of participants' problems because of the route difficulty